



Catering Menu

At Fresh Foods Café, our mission is to prepare your food as it is supposed to be savored: fresh, delicious, and with love. Count on us to prepare our own food fresh, everyday and in the most delectable ways. Our superior quality selections will satisfy your body and soul – not just fill your belly. We have a passion for freshness and a keen attention to detail.

Let Fresh Foods Cafe cater your next event. Whether it's an office meeting, birthday, wedding, anniversary or graduation, we can customize a menu for any occasion. Accommodations are available in our dining room or on our expansive waterfront patio. Let us host your business or personal event in style.

Unlike other restaurants, we have a trained chef on staff instead of a kitchen manager. This is done so we can customize menus to fit your needs. Here are some suggestions of our menu, just to give you an idea where to start. Please call our catering manager to help you plan your unforgettable event.

SANDWICHES

Your choice of two sandwiches, or upgrade to three sandwiches for additional \$5

Choose from Roast Beef, Turkey, Chicken Breast, Genoa Salami, Tuna Salad, Curry Chicken Salad
All sandwich platters are fully customizable with any of our specialty sauces or we can do it for you.

Small (4-6) \$38

Medium (8-11) \$65

Large (13-16) \$ 95

WRAPS

Your choice of two wraps, or upgrade to three wraps for additional \$ 5

Choose from Roast Beef, Turkey, Chicken Breast, Genoa Salami, Tuna Salad, Curry Chicken Salad
All sandwich platters are fully customizable with any of our specialty sauces or we can do it for you.

Small (4-6) \$38

Medium (8-11) \$65

Large (13-16) \$95

Featured Sandwiches

All of our Featured Sandwiches are Available

Small (4-6) \$MP

Medium (8-11) \$MP

Large (13-16) \$MP

FRESH SALADS & PLATTERS

Garden Salad

Fresh from our salad bar: a wonderful assortment. Choose 2 dressings.
(Add Tuna or Chicken Salad \$1.75 per serving)

Small (4-6) \$35 Medium (8-11) \$55 Large (13-16) \$75

Caesar Salad

Romaine hearts with delicious Caesar dressing and home made Croutons
(Add Bacon or Chicken \$1.75 per serving)

Small (4-6) \$35 Medium (8-12) \$55 Large (13-16) \$75

Tabouli Salad

Bulgur and Herbs

Small (4-6) \$10 Medium (8-12) \$20 Large (13-16) \$30

Roasted Potato Salad

Our delicious creamy recipe made with red bliss potatoes

Small (4-6) \$10 Medium (8-12) \$20 Large (13-16) \$30

Pasta Salad

Seasonal Vegetables tossed with Pasta & Basil Dressing

Small (4-6) \$10 Medium (8-12) \$20 Large (13-16) \$30

Mixed Green Salad

Small (4-6) \$25 Medium (8-12) \$45 Large (13-16) \$65

Anitpasta

Turkey, Roast Beef, Salami, Cheese, Olives, Banana Peppers, Tossed with Pasta or Greens

Small (4-6) \$35 Medium (8-12) \$55 Large (13-16) \$75

Creamy Cole Slaw

Our favorite creamy version

Small (4-6) \$10 Medium (8-12) \$20 Large (13-16) \$30

Peeled Shrimp with Homemade Cocktail Sauce

Small (4-6) \$32 Medium (8-12) \$64 Large (13-16) \$115

Grilled & Chilled Salmon Salad

Small (4-6) \$32 Medium (8-12) \$64 Large (13-16) \$115

Chef Salad

Small (4-6) \$35 Medium (8-12) \$55 Large (13-16) \$75

BOXED LUNCH

Sandwiches: Roast beef, Turkey, Chicken, Tuna Salad and Curry Chicken Salad **Salads:** Chef Salad, Cobb Salad,

Side Salads: Garden Salad, Cole Slaw and Roasted Potato

Featured Sandwiches: The Terrapin or The 49'er

Featured Salads: Chicken Caesar, Salmon Caesar, Asian Chicken, Southwestern Chicken Salad

Box #1 \$8.99

Sandwich & Potato Chips

Box #2 \$9.99

Sandwich, Side Salad and Potato Chips or a Cookie

Box #3 \$10.99

Sandwich, Potato Chips, Side Salad & Cookie

Box#4 \$11.99

Featured Sandwich, Potato Chips, Side Salad & Cookie

Box#5 \$9.99

Sandwich, Potato Chips & a Bottle of Water

Box#6 \$10.99

Sandwich, Potato Chips & a Premium Beverage

Box#7 \$10.99

Sandwich, Potato Chips, Side Salad & a Bottle of Water

Box#8 \$11.99

Sandwich or Salad, Potato Chips, Side Salad & a Premium Beverage

Box#9 \$11.99

Sandwich or Salad, Potato Chips, Side Salad, Cookie & Bottle of Water

Box#10 \$12.99

Sandwich or Salad, Potato Chips, Side Salad, Cookie & a Premium Beverage

Box#11 \$12.99

Featured Sandwich or Salad, Potato Chips, Side Salad, Cookie & Bottle of Water

Box#12 \$13.99

Featured Sandwich or Salad, Potato Chips, Side Salad, Cookie & a Premium Beverage

A choice of 2 Sandwiches and salads for parties up to 20, parties over 20 a choice of 3 sandwiches.

All boxes are customizable. Please do not hesitate to ask.

APPETIZERS

Cheese & Bread

Swiss, provolone, and cheddar, served with sliced baguette

Small (4-6) \$12 **Medium (8-12)** \$24 **Large (13-16)** \$36

Veggie Crudités

Variety of fresh cut vegetables, served with blue cheese dressing or our home made hummus

Small (4-6) \$12 **Medium (8-12)** \$24 **Large (13-16)** \$36

Seasonal Fruit Platter

A colorful local variety of seasonal fruits and berries

Small (4-6) \$18 **Medium (8-12)** \$36 **Large (13-16)** \$54

Hummus & Pita Chips

Fresh home made traditional hummus, served with pita chips

Small (4-6) \$12 **Medium (8-12)** \$24 **Large (13-16)** \$36

Grilled Veggie Platter

A colorful variety of seasonal marinated grilled veggies

Small (4-6) \$12 **Medium (8-12)** \$24 **Large (13-16)** \$36

2 Salsas & Chips

Fresh home made salsa roja & salsa verde, served with fresh tortilla chips

Small (4-6) \$10 **Medium (8-12)** \$20 **Large (13-16)** \$33

Seared Ahi Tuna & Rice Crisps Platter

The finest Scottish style smoked salmon available with our fresh baked bagels & cream cheese

Medium (8-12) \$60 **Large (13-16)** \$110

BREAKFAST

Continental \$5 Per person

Assorted muffins & bagels, served with side of butter & cream cheese

Deluxe \$7 Per person

A combination of pastries, muffins & bagels, served with side of butter & cream cheese

Fruit Bowl

A mix of fresh cubed seasonal fruit, with nonfat yogurt and honey drizzle

Small (4-6) \$18 **Medium (8-12)** \$36 **Large (13-16)** \$54

Fresh Orange Juice

Half Gallon \$12

Fresh Roasted Coffee

Serves 16 \$20

HOT BREAKFAST STATIONS

Allow our trained chef to create customized omelets or crepes to perfection using the highest quality ingredients. *Savor fresh flavor!*

Omelet Station

Includes: crispy bacon or sausage, mushrooms, tomatoes, onions, green peppers, jalapeños, spinach and cheddar cheese

\$14 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Crepe Station

Sweets

Includes: whipped cream cheese, fresh strawberries and bananas

Savory

Includes: sausage, crispy bacon, spinach, tomato, red peppers and caramelized onions

\$14 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Breakfast Burrito Station

Includes flour & wheat tortillas with scrambled eggs, sausage or bacon, diced tomato, jalapeños, fresh salsa, black beans and cheese, with home fries

\$14 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

LUNCH STATIONS

Sandwich Bar

Includes a selection of breads, meats, cheeses, lettuce, tomato, sprouts, condiments, green salad, specialty side

\$15 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Salad bar

Includes mixed greens and iceberg lettuce, tomatoes, onions, carrots, cucumbers, banana peppers, broccoli, red peppers, bean sprouts, croutons and a choice of two of our fresh made dressings

\$17 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Taco Salad Bar

Includes tortillas, chicken, beef, cheese, lettuce, tomato, olives, beans, sour cream, salsa, cilantro vinaigrette dressing

\$15 per person

Plus \$100.00 per Station Attendant Charge

*Additional Items Available - Please Inquire

Baked Potato Bar (Idaho & Sweet)

Includes potatoes, bacon bits, cheddar cheese, broccoli, mushrooms, BBQ pork or chicken, salsa, butter sour cream, scallions

\$12 per person

Add one of our remarkable sides for an additional \$2 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Pasta Bar 1

Includes tomatoes, fresh peppers, red onions, olives, mushrooms, spinach
broccoli, basil, red & white sauce

Green salad with dressing and fresh baked rolls

\$14 per person (add protein for an additional \$4 per person)

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Pasta Bar 2

Choice of penne or rotini pasta and tossed with your choice of the following sauces: alfredo, meat sauce or creamy pesto, served with parmesan cheese on the side

Two Sauces \$14 per person

Three Sauces \$15 per person

Add a side salad \$4 per person

Substitute tortellini pasta for an additional \$2 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Carving Station (Select two)

Accompanied by our homemade sweet potato rolls

Roast Turkey with cranberry sauce

Roast Pork Tenderloin with creamy mustard sauce

Roast Beef with horseradish sauce

\$18 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Seafood Station (Select two)

Accompanied by our homemade sweet potato rolls

Grilled Shrimp with Green Salsa

Poached Salmon with mustard sauce

Assorted Ceviches

\$22 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

BEVERAGE STATIONS

Coffee Station, different extractions included:

Standard Drip

The original extraction process

Eva Solo

Clear, flavorful and without bitterness or sediment every time

French Press

Preserves the full flavor of the oils and produces a creamy coffee

Siphon

Considered the best brewing method for the finest cup of coffee

\$16 per person

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

Blender Station

Includes three types of blended fruit smoothies and blended frappes and of course fresh whipped cream

Chocolate Strawberry ♦ Chocolate Caramel ♦ Strawberry Orange ♦

Strawberry Lemonade ♦ Espresso Chocolate ♦ Espresso Vanilla ♦

Mint Lemonade ♦ Orange Dreamsicle

\$8 per hour

Plus \$100.00 charge per station attendant

*Additional items available, please inquire

All orders are subject to sales tax, delivery and service fee.

Please do not hesitate to ask if there is something in addition to this menu that you would like us to provide. We have a trained chef on staff to accommodate almost any request. Our goal is to make your event as simple and enjoyable as possible. We will provide the best products and will work with you to ensure all details are covered.

We want to be your preferred caterer. Should you cater often, we can certainly work out volume discounts.

Let us know what we can do to better serve you. Join our “I like it fresh” dining club. www.freshfoodscfe.com